



6.1 USES SELF-HELP SKILLS DURING CARE ROUTINES

5.2 USES HANDS TO ACCOMPLISH SIMPLE TASKS

SUPPLIES

- Bottle caps (or large rocks)
- Bowl of water
- Washcloth

Egg Bath

How does the child participate during handwashing routines?

Young Infant

Place a wet washcloth on the child's arms.

READY?

Massage the child's arms and hands with the warm washcloth. Observe how the child responds to the temperature and touch. As the child relaxes, talk about washing hands with vocabulary such as fingers, fingernails, washcloth, rub, or clean.

Older Infant

Before eating a snack, pick up the child and take him to the sink.

READY?

Fill the sink with water. Hold the child next to the water faucet and let him play with the water. Rub soap on his hands and count to 5. Explore rinsing hands in the sink and playing with "eggs" (bottle caps) in the water.

Young Toddler

Before eating a snack, encourage the child to wash his hands.

READY?

Follow the child to the sink and ask, "Where is the soap? What do you do with the soap?" Wait for the child to begin the handwashing process. Support as needed. Encourage him to help you wash the "eggs" (bottle caps or rocks).

Lesson 17